



CONIFEX TIMBER INC.

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FOR IMMEDIATE RELEASE

Conifex Announces Third Quarter 2019 Results Conference Call

October 10, 2019, Vancouver, B.C. - Conifex Timber Inc. ("Conifex") (TSX: CFF) announced today that it plans to release its third quarter 2019 results prior to the market open on Friday, November 15, 2019. Conifex has scheduled a conference call at 7:00 AM Pacific time / 10:00 AM Eastern time on the same day to discuss its financial results. To participate in the call, please dial one of the following numbers:

Toll-Free Access (Canada/US): 800-478-9326

Access: 416-340-2219

The call will also be available on instant replay access until December 16, 2019. For Instant Replay Access, please dial one of the following numbers and enter Participant Pass Code 7915218#.

Toll-Free Access: 800-408-3053

Access: 905-694-9451

For further information, please contact:

Yuri Lewis, Chief Financial Officer at (778) 331-8687

About Conifex Timber Inc.

Conifex and its subsidiaries' primary business currently includes timber harvesting, reforestation, forest management, sawmilling logs into lumber and wood chips, and value added lumber finishing and distribution. Conifex's lumber products are sold in the United States, Chinese, Canadian and Japanese markets. Conifex has expanded its operations to include bioenergy production following the commencement of commercial operations of its power generation facility at Mackenzie, British Columbia.