



NEWS RELEASE: via MARKETWIRE

TSX VENTURE: CFF

FOR IMMEDIATE RELEASE

**CONIFEX TIMBER INC. APPOINTS CHIEF OPERATING OFFICER AND
RESTARTS LUMBER PRODUCTION AT MACKENZIE MILL**

Vancouver, British Columbia, November 3, 2010 – Conifex Timber Inc. (“**Conifex**”) announced today that it has appointed Blair Mayes in the newly created role of Chief Operating Officer (“**COO**”) effective November 15, 2010. Mr. Mayes is a Forestry Graduate from the University of British Columbia and an industry veteran. He has been with Dunkley Lumber Ltd. for almost thirty years, most recently in the capacity of General Manager.

In his role as Conifex’s COO, Mr. Mayes’ main responsibilities will involve the oversight and continued development of its forestry and manufacturing facilities at Fort St. James and Mackenzie. He will also play an important role in industry and community relations for the company.

Conifex also announced the commencement of lumber production at its Site II sawmill located at Mackenzie, B.C. on a one-shift basis on November 1, 2010. The output from this site is estimated to be 110 million board feet on an annual basis. The Site I sawmill at Mackenzie remains idled.

Conifex Timber Inc.

Conifex is an independent British Columbia company formed for the purpose of investing in the forest industry in the interior region of British Columbia and elsewhere in Canada. Conifex and its subsidiaries' primary business includes timber harvesting, reforestation, forest management, sawmilling logs into lumber and wood chips, and value added lumber finishing. Conifex's lumber products are sold in the United States, Chinese, Canadian and Japanese markets.

Conifex's sawmill situated in Fort St. James, British Columbia was purchased in August 2008 and commenced operations on a one-shift basis in March 2009. At this mill, Conifex intends to move to a two-shift operation in the first half of 2011 upon the completion of a capital expenditure program currently underway. Conifex's sawmill situated in Mackenzie, British Columbia was purchased in June 2010. On a combined basis, Conifex now owns sawmills having an annual lumber production capacity of approximately 745 million board feet on a

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two-shift basis, all supported by renewable forestry licences with an allowable annual cut of approximately 1.6 million cubic metres.

CONIFEX TIMBER INC.

Per: "Kenneth A. Shields"

Kenneth A. Shields, Chief Executive Officer

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Information set forth in this news release may involve forward-looking statements under applicable securities laws. Forward-looking statements are statements that relate to future, not past, events. In this context, forward-looking statements often address expected future business and financial performance, and often contain words such as "anticipate", "believe", "plan", "estimate", "expect", and "intend", statements that an action or event "may", "might", "could", "should", or "will" be taken or occur, or other similar expressions. All statements, other than statements of historical fact included herein, including, without limitation, statements about Conifex business, and the estimated output from the Site II sawmill, are forward-looking statements. By their nature, forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause our actual results, performance or achievements, or other future events, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors include, among others, the following risks: the need for additional financing; operational risks; fluctuations in commodity prices; environmental liability claims and insurance; competition; dilution; and the volatility of our common share price and volume. Forward-looking statements are made based on management's beliefs, estimates and opinions on the date that statements are made and Conifex undertakes no obligation to update forward-looking statements if these beliefs, estimates and opinions or other circumstances should change, except as required by applicable securities laws. Investors are cautioned against attributing undue certainty to forward-looking statements.

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