

CONIFEX TIMBER INC.

NEWS RELEASE: via MARKETWIRE

FOR IMMEDIATE RELEASE

CONIFEX TIMBER INC. APPOINTS NEW DIRECTOR

Vancouver, British Columbia, June 21, 2010 - Conifex Timber Inc. ("Conifex") announced today the appointment of John Edward Bae as a director to Conifex's board of directors. With the addition of Mr. Bae to the board, Conifex now has 7 directors.

Mr. Bae has over fifteen years of experience in global softwood lumber marketing. Mr. Bae is presently corporate development manager of a British Columbia private company engaged in large scale timber and lumber distribution projects in China. Previously, Mr. Bae had been responsible for global softwood lumber marketing for Canfor Corporation (TSX – CFP) and for Trans Pacific Trading Ltd., and had been engaged in sawmill and marketing development for Rusfor International Ltd. Mr. Bae holds a B.Sc. in Forestry from the University of British Columbia.

Conifex chief executive officer Ken Shields stated: "Now that China represents approximately 16% of total BC lumber shipments, up from virtually zero in 2005, we are pleased to have John Bae serve as a director and help Conifex develop strategies to optimize its potential in this rapidly growing market."

Conifex Timber Inc.

Conifex is an independent British Columbia company formed for the purpose of investing in the forest industry in the interior region of British Columbia and elsewhere in Canada. Conifex and its affiliates' primary business includes timber harvesting, reforestation, forest management, sawmilling logs into lumber and wood chips, and value added lumber finishing. Conifex's lumber products are sold in the United States, Chinese, Canadian and Japanese markets.

Conifex's sawmill situated in Fort St. James, British Columbia was purchased in August 2008 and commenced operations on a one-shift basis in March 2009. At this mill, Conifex intends to move to a two-shift operation in the second half of 2010 upon the completion of a capital expenditure program. Conifex's sawmill situated in Mackenzie, British Columbia was purchased in June 2010. On a combined basis, Conifex now owns sawmills having an annual lumber production capacity in excess of 600 million board feet on a two-shift basis, all supported by renewable forestry licences with an allowable annual cut of approximately 1.6 million cubic metres.

CONIFEX TIMBER INC.

Per: "Kenneth A. Shields"

Kenneth A. Shields, Chief Executive Officer

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